CHAPTER TWO CADET UNIFORMS

2.01 REQUIRED WEAR

- a) Navy League Cadets, either male or female, shall wear uniforms consisting of:
 - i. Cap White, naval pattern; or, an appropriate turban.
 - ii. Ball Cap For activities that may cause damage to the white cap, an approved Navy League Cadet Ball Cap may be worn. All cadets present for any activity must wear the same head dress. Ball Caps to meet Navy League specifications as outlined under optional wear.
 - iii. Cap Ribbon "Navy League Cadets" or Corps name, as per approved pattern.
 - iv. Shirt Postman blue, long sleeved, Navy League pattern.
 - v. Insignia Shoulder flashes "Navy League Cadets".
 - vi. Rank Badge Navy League pattern. Being phased out and replaced with slip-on.
 - vii. Other Badge (Trade, skill, award, etc.)
 - viii. Lanyard White, naval pattern.
 - ix. Trousers Black, Navy League pattern.
 - x. Belt White, Navy League pattern.
 - xi. Gaitors White, to be worn by Coxswain, Regulating PO, Chief Boatswain Mate, QuarterMaster and Company Gunners only if a Corps has those positions.
 - xii. Boots Military style, black.
 - xiii. Socks Plain black.

2.02 OPTIONAL WEAR

a) Corps Badges - Provided all Cadets in the Corps wear them, approved Corps badges may be worn on the left breast of the shirt, 1.5 cm above the seam of the pocket flap, centred above the button.

- b) Nametags Provided all Cadets in the Corps wear them, a 3" x 1/2", surname only, white lettering on black background name tags may be worn on the right breast of the shirt, immediately above the seam of the pocket flap, centred above the button.
- c) Winter Dress -Parka, blue, Navy League pattern. Peajacket, navy blue, Navy League pattern are grandfathered in for Corps that still can outfit all their cadets until Parkas are available.
 - Toques, black Navy League pattern, are available. If worn, they should be worn by all cadets.
- d) Swimming Dress For swimming and other water activities that require bathing suits, at a minimum, female cadets will wear a one piece suit and male cadets will wear swim shorts.
- e) Rank Slip-On In order to prevent any unnecessary damage to the Cadet Shirt, rank epaulets may be worn in place of the rank badge. In addition, slip-ons may be worn on the Cadet Parka.
- f) Ball Caps The wearing of Ball Caps is only authorized on normal training nights, Corps training weekends or events authorized by the Division Chair for Navy League Cadets or the Division Commander. They are not to be work at public events such as Parades, fundraisers or other events that the proper headdress should be worn. The Ball Caps are meant to be used to save wear and tear on the White Caps not as a replacement for them.

The Ball Caps are to be Black in colour and have the inscription embroidered as follows: Navy League Cadet Corps as one line arced over the Corps name; Corps name (not including "NLCC") to be in straight line across brim of Cap.



ADMIRAL MARTIN

2.03 BADGES AND AWARDS

- a) The following badges and awards are authorized for wear on a Navy League uniform (See Annex A for placement).
- b) Left Arm Rank Badges (to be phased out, replaced by slip-on ranks)
 - i. First Chevron when rated an Able Cadet.
 - ii. Second Chevron with Single Anchor when rated as a Leading Cadet.
 - iii. Third Chevron with Crossed Anchors when rated as a Petty Officer Second Class.
 - iv. Coloured Crown In A Navy Blue Circle when rated as a Petty Officer First Class.
 - v. Coloured Crown In A Navy Blue Circle bordered by Laurels when rated as a Chief Petty Officer Second Class.
 - vi. Canada Coat of Arms when rated as a Chief Petty Officer First Class.
- c) Upper Right Arm Trade Badges (Only one to be worn)
 - i. Regulators Badge may be worn by one PO2 or above, who is selected by the Corps C.O. to carry out the duties of Regulator, i.e. assistant to the "Chief", administration, etc. This badge is senior to all other trade badges.
 - ii. Communicator Badge may be worn by a Cadet who has the ability to send and receive a plain language message of at least twenty-five words at the rate of six words per minute in both semaphore and Morse Code. The Communicator Badge is senior to the Semaphore Badge.
 - iii. Bandsman Badge may be worn by a Cadet who has qualified to play an instrument in a band.
 - iv. Gunnery Badge may be worn by a cadet appointed as a Corps Gunner (in charge of drill team)
 - v. Boatswain Badge may be worn by a Cadet who has completed one year in the Corps and who has passed all the required examinations successfully.
- d) Lower Right Arm Awards and Skill Badges
 - i. Badge of Excellence The Navy League "Excellence" badge may be awarded annually to Cadet who best exemplifies Excellence by the C.O.,

- having regard to the conduct, appearance, attitude and attendance of the Cadet. This badge supersedes and replaces the "For Merit" badge if previously awarded.
- ii. Award For Merit Badge The Navy League "For Merit" badge may be awarded annually to the most outstanding Cadets (one for each ten enrolled), by the C.O., having regard to the conduct, appearance, attitude and attendance of the Cadet.
- iii. Navy League Cadet First Aid Badge may be worn by a Cadet who has completed the Cadet First Aid Training as prescribed by CTS 09.
- iv. First Aid Badge (other) may be worn by a Cadet who has qualified for the badge as prescribed by the appropriate organization (St. Johns, Red Cross, etc.). This badge must be obtained from the organization.
- v. Sailing Badge may be worn by a Cadet that has proven sailing experience as prescribed by Navy League Cadet Optional Training. The Cadet may wear an official Canadian Yachting Association (CYA) badge upon proof of a current certification. The badge must be obtained from CYA.
- vi. Semaphore Badge may be worn by a Cadet that has proven semaphore experience as prescribed by Navy League Cadet Optional Training
- vii. Boatwork Badge may be worn by a Cadet who has completed the Cadet Boatwork Training as prescribed by CTS 08.
- viii. Marksman Badge may be worn by a Cadet who has shot ten targets (100 shots) and achieved a score of 50 or more. Note NL 8, Article 6.3.
- ix. Summer Camp Badge may be worn by a Cadet who has completed a summer camp experience as approved by the Division (minimum 5 days).
- e) Cadets may wear a maximum of four badges on the lower right sleeve, two side by side above the cuff, one above that, and one above that again, if applicable. If only one skill badge is being worn, it is worn in the front spot.
- f) The uppermost (Annex A location 6) badge is to be the "Merit" Badge; the next (location 7) is to be a First Aid badge; and at the cuff any two qualification badges, e.g. the Boatwork, Semaphore, or marksman Badge.

2.04 OTHER CADET AWARDS

a) The Navy League Award of Commendation ribbon awarded in accordance with NL(21) (NLAO's) is to be worn on the right breast of the Cadet uniform.

- b) The Navy League Award of Excellence Medal awarded by National Board of Directors shall be worn on the right breast of the Cadet uniform.
- c) Replacement costs for damaged or lost medals and decorations shall be the responsibility of the individual.
- d) A Corps Badge approved in accordance with NL 8, Chapter 11 may be worn on the left breast.

2.05 HAIR

- a) Males Hair shall be:
 - Neatly groomed;
 - ii. Taper-trimmed at the back, sides, and above the ears to blend with the hair style;
 - iii. No more than 15 cm in length, and sufficiently short so that when the hair is groomed and head-dress is removed, no hair shall touch the ears, or fall below the top of the eyebrows;
 - iv. Styled so that it does not present a bizarre or exaggerated appearance, or interfere with the proper wearing of any cadet head-dress; and
 - v. Kept free from the neck to a distance of 2.5 cm above the shirt collar.
 - vi. Aboriginal Cadets Long hair that does not extend below the lower edge of the shirt collar shall be styled neatly. Long hair that does extend below the lower edge of the shirt collar shall be gathered behind the head with a small-unadorned fastener of a colour that blends with that of the hair itself, or the hair shall be braided. Single and double braids shall be styled conservatively and tied tightly, secured at the end by a knot or a smallunadorned fastener as above. The maximum length of hair shall not extend below the top of the armpit. If hair normally extends below this, it will be tied up in order to conform to the above stated styles of hair. It does not need to be cut.

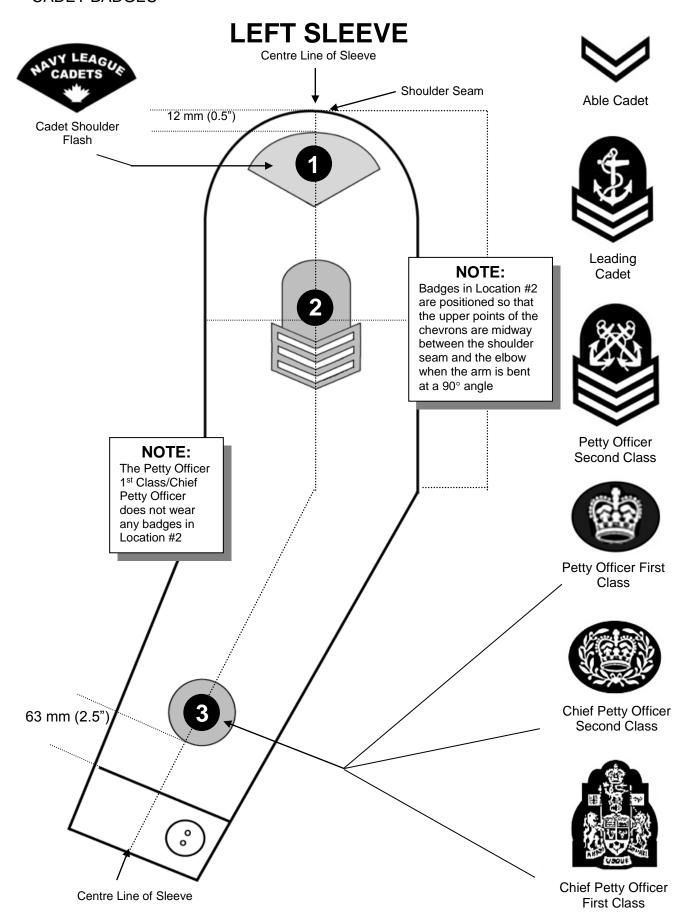
b) Females

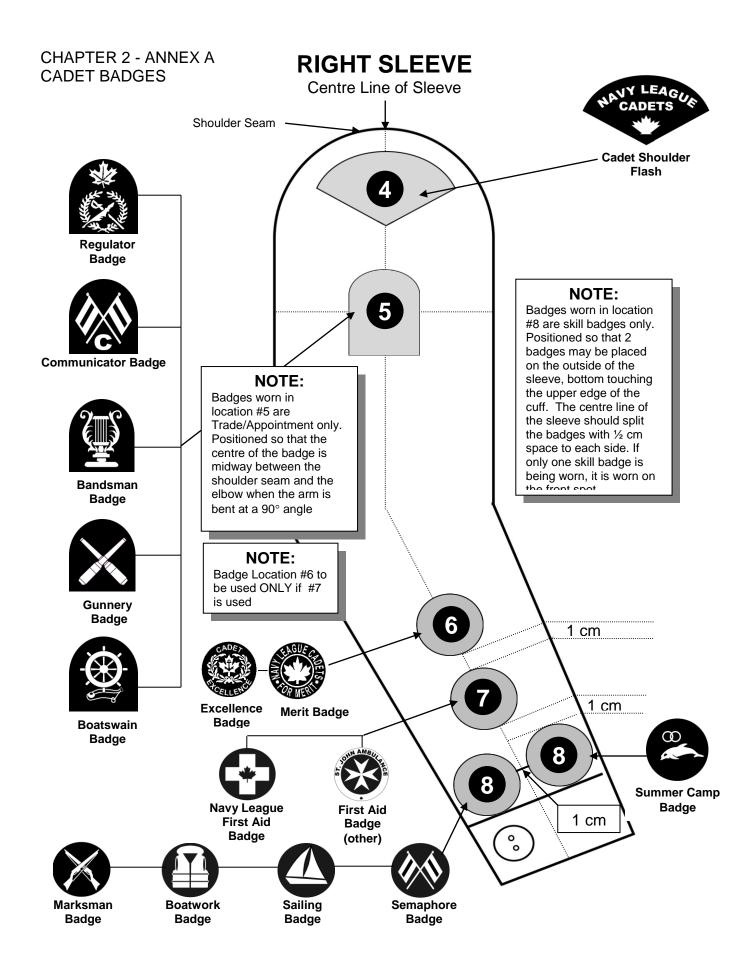
i. Hair shall be kept neatly groomed and shall not extend below the lower edge of the shirt collar. Varying hairstyles, straight or curled, are permitted within these limits, but bizarre or unusual hair colours are not authorized. In no case shall the bulk or length of the hair detract from a positive cadet appearance or preclude the wearing of uniform headdress.

- ii. Hair ornaments shall not be worn. Every effort shall be made to ensure that bobby pins, hairpins and similar items used to secure hair as unobtrusive as possible.
- iii. Braids Shall be styled conservatively and tied tightly, secured at the end by a knot or a small-unadorned fastener. A single braid shall be worn in the centre of the back. Double braids shall be worn behind the shoulders. Hair shall not extend below the top of the armpit when gathered behind the head or braided.

2.06 JEWELLERY

- a) Males The only jewellery that may be worn by males in the NL Cadet uniform shall be a wristwatch, a Medical Alert Chain Identifier and a maximum of two rings. Male cadets in uniform shall not wear a necklace or a chain about the neck, nor shall they wear any type of earring.
- b) Females The only jewellery that may be worn by females in the NL Cadet uniform shall be a wristwatch, a Medical Alert Chain Identifier and a maximum of two rings. Female cadets in uniform shall not wear a necklace or a chain about the neck. Female cadets in uniform may wear a single pair of gold or silver stud earrings in pierced ears. The single stud shall be worn in the centre of each earlobe and not exceed 0.6 cm in diameter. No other type of earring shall be worn.





UNIFORM MAINTENANCE AND WEARING INSTRUCTIONS

Your cap should be cleaned with a soft brush, warm or hot water, and detergent such as Ajax, Comet or dish soap. Liquid shoe polish should not be used as it runs when it rains. After your cap is clean it should be placed in a bag and stored where it won't get crushed. The top of a closet is a good place.

The cap tally lettering should be centred on the front of the cap. The bottom should be in line with the ridge and tied tight with the bow centred on the left seam of the cap.

The cap must be worn with the bow of the cap tally to the left side of the head. The front edge of the cap should be parallel to the ground, 1 inch above the eyebrows.

<u>Note</u>: Your shirt and trousers should be washed in warm or cold water and can be washed with all dark clothes when a laundry is done. They can be machine dried and then both need to be pressed.

- Trousers Turn inside out and press with a damp lint-free cloth over the seams. Do Not put a crease down the front of your trousers. In most cases each side must be done separately, as the seams at the sides do not usually line up. When finished leave them inside out and place on a pant hanger or a hanger that will not leave a crease through the middle.
- SHIRT If you iron your shirt on a high temperature inside out (all except the sleeves) it will come out nicely. For the sleeves, place them on the ironing board with the seam to one side. Iron each sleeve flat and ensure that there are no creases. The sleeve will have to be rolled on the board in order to ensure that the entire sleeve has been pressed. Make sure no threads (Irish pennants) are sticking out. If so, clip them off with a pair of scissors. Press your collar, epaulettes, and cuffs.

The shirt should be worn neatly tucked into the pants and opencollared (top button left undone).

WEB BELT - Remove the buckles and wash in hot soapy water. If the belt is extremely dirty, (it shouldn't be if it is being cleaned regularly) you may wash it using bleach. Ask an adult to help you.

LANYARD - Made of cotton, it is machine washable DO NOT DRY IT IN A DRYER. To dry, place some tape on a nail somewhere so rust will not get on the lanyard and then tie a shoe to the other end for weight. If it is done this way it will look new for years.

It is worn around your neck, through the epaulets with the knot at the second button, looped at the fourth button and the remainder tucked neatly in the left breast pocket.

BOOTS -

Place a LIGHT coat of black shoe polish (Kiwi works best) on the boots let it dry for 15 to 20 minutes, then using cold-water rub in small circles until a shine can be seen. When finished the boots can be buffed with an old nylon. Do not use a shoe brush, it works fine for normal shoes, however, it is next to impossible to get a high gloss shine using a brush. Your boots should be polished after every time you wear them. When finished put them in a place where they will not get scuffed.